



# Working with Parents who are Bereaved to create Bereavement Support eLearning Resources

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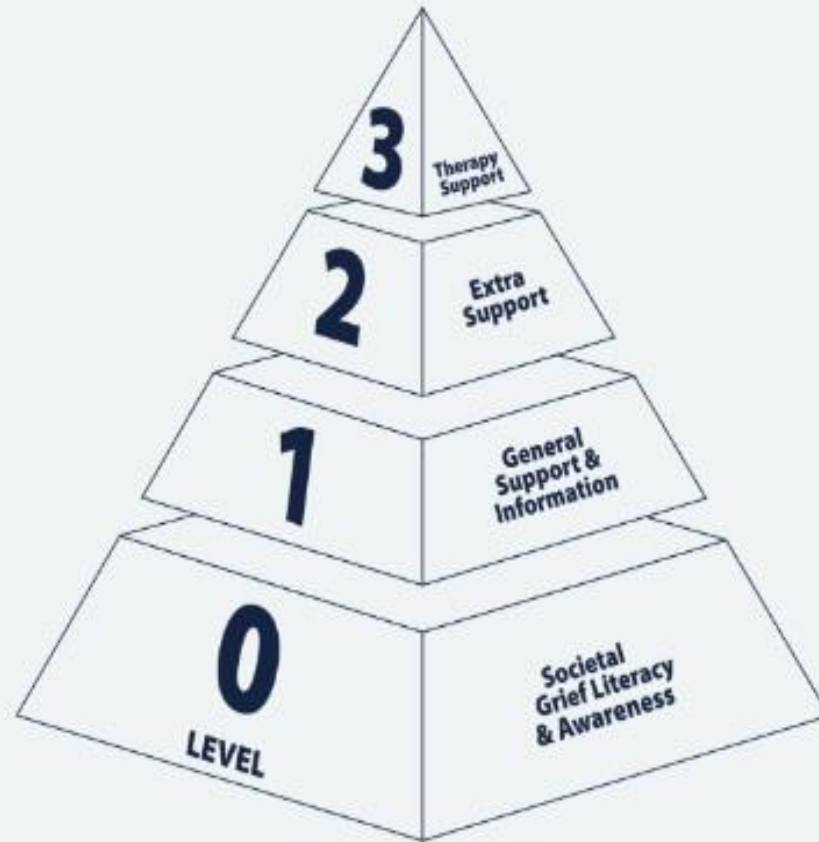
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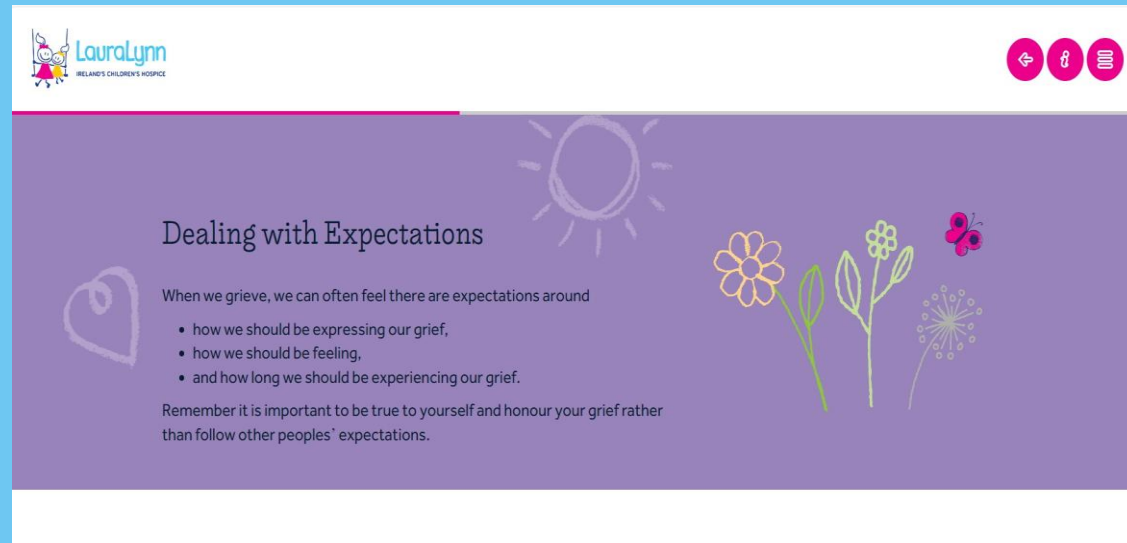


The gap  
at level 1



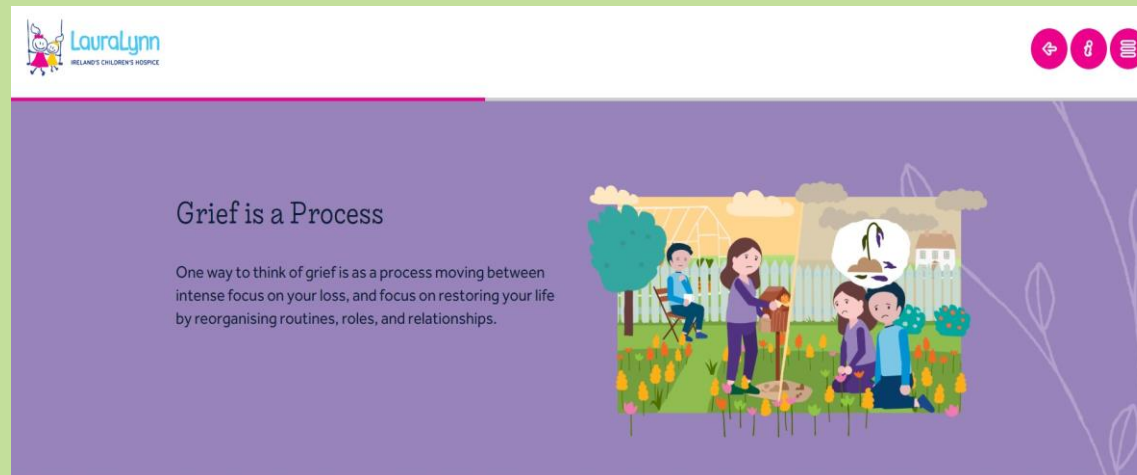
## 2 - E learning resources for:

### 1. Parents



The screenshot shows the top of a webpage with the LauraLynn logo (Ireland's Children's Hospice) and navigation icons. The main content area has a purple background with a sun, flowers, and a butterfly illustration. The title is 'Dealing with Expectations'. Below it, a paragraph states: 'When we grieve, we can often feel there are expectations around'. This is followed by a bulleted list: '• how we should be expressing our grief, • how we should be feeling, • and how long we should be experiencing our grief.' A final paragraph reads: 'Remember it is important to be true to yourself and honour your grief rather than follow other peoples' expectations.'

### 2. Staff

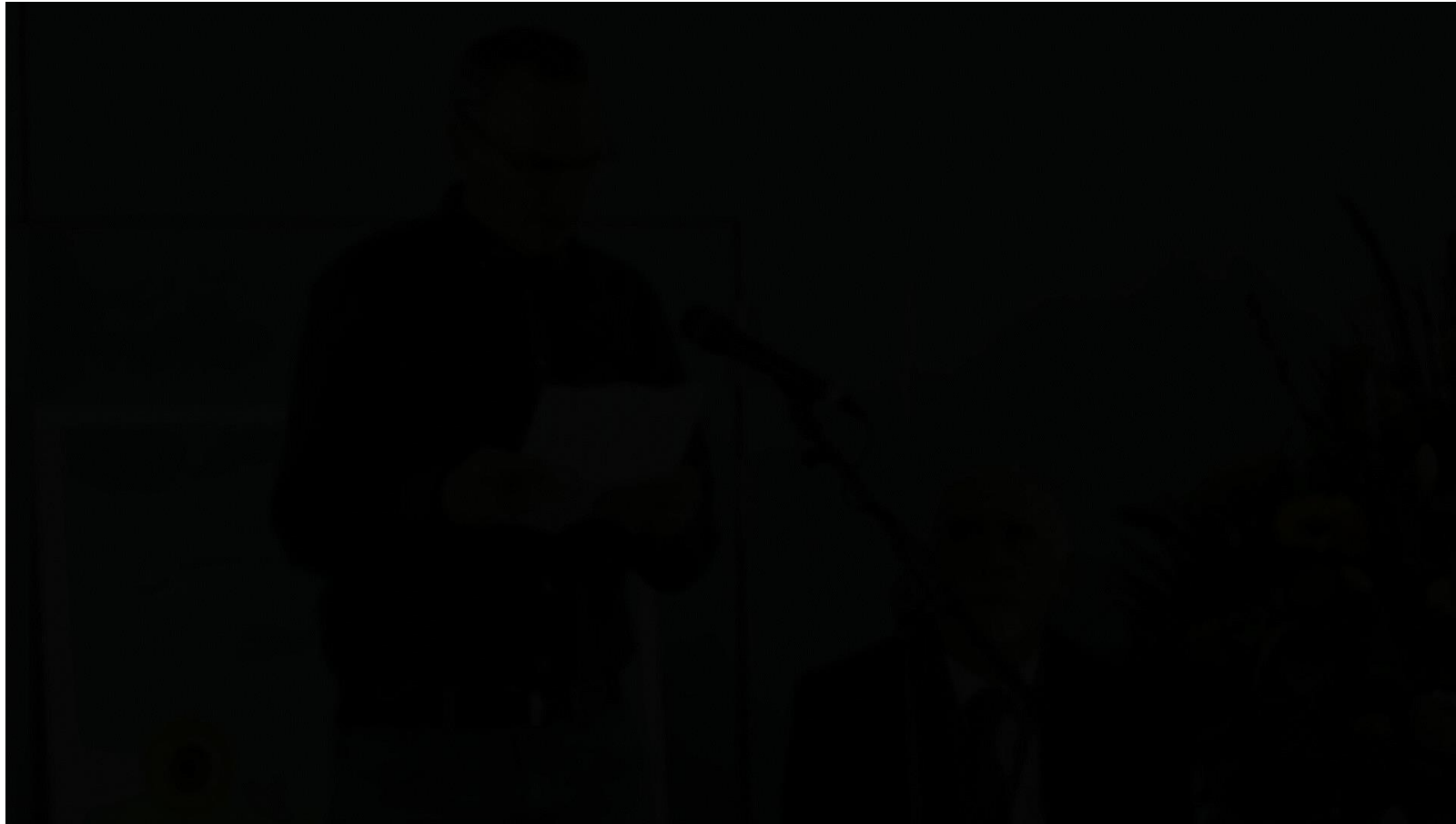


The screenshot shows the top of a webpage with the LauraLynn logo (Ireland's Children's Hospice) and navigation icons. The main content area has a purple background with an illustration of a family (a woman, a man, and two children) sitting in a garden. The title is 'Grief is a Process'. Below it, a paragraph states: 'One way to think of grief is as a process moving between intense focus on your loss, and focus on restoring your life by reorganising routines, roles, and relationships.'

E learning  
resource for:  
1. Parents  
2. Staff



# Meet the experts - Ian and Catherine



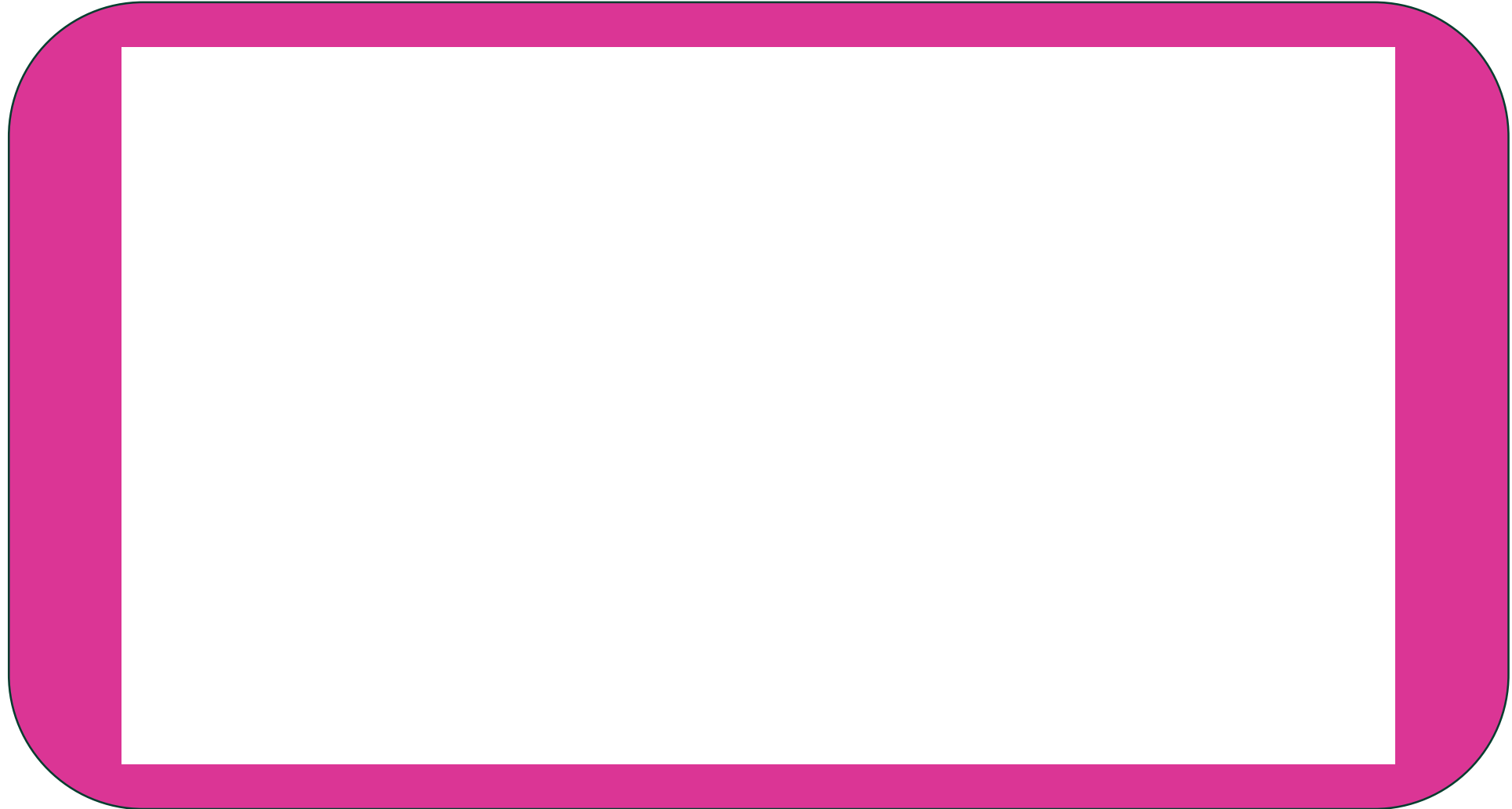
# 1: The importance of self-care



LauraLynn

IRELAND'S CHILDREN'S HOSPICE

# Supporting Staff to communicate effectively with Parents who are Bereaved ( elearning resource)





# Final thoughts

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Thank  
you!

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Parents](#)



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Staff](#)



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